



A CME Regional Meeting Series

# Comparing and Contrasting Basal Insulin Strategies

In Type 1 and Type 2 Diabetes

**Thursday, August 2, 2018**

Sheraton Grand Sacramento, Sacramento, California

TCOYD  
TAKING CONTROL OF YOUR DIABETES

UC San Diego  
SCHOOL OF MEDICINE

TCOYD is a 501(c)3 nonprofit charitable educational organization.



# Evening Schedule

## Thursday, August 2



6:00 pm

Registration opens

6:30 pm

Dinner is served

7:00 pm

**Lecture: Comparing and  
Contrasting Basal Insulin Strategies  
in Type 1 and Type 2 Diabetes**

8:20 pm

Question and answer from audience

8:30 pm

Adjourn

## Important Registration & Program Info

**Register Online ONLY:** [tcoyd.org/BISSacramento](http://tcoyd.org/BISSacramento)

### Registration Fee:

Registration for this event is complimentary and includes buffet dinner and downloadable slide decks

### Last Day To Register:

Wednesday August 1, 2018

Registration is limited to 150 people, register early as this program will sell out.

### Cancellations:

Email [cancelmycme@tcoyd.org](mailto:cancelmycme@tcoyd.org)

### Additional Info:

800.998.2693 or [tcoyd.org/BISSacramento](http://tcoyd.org/BISSacramento)

### Event Location:

Sheraton Grand Sacramento

1230 J Street (13th and J Street) • Sacramento, CA 95814

Parking: \$6/hr at closest parking garage or any city parking, rates vary

# Target Audience

This course is designed for diabetes healthcare providers including endocrinologists, primary care physicians, nurse practitioners, physician assistants, nurses, certified diabetes educators, pharmacists, and other healthcare providers wanting to expand their knowledge of diabetes management.



## Program Overview

This program aims to educate healthcare providers in regard to the new basal insulins that have recently been approved by the FDA. The program will focus on the clinically important properties of these new insulins, familiarizing healthcare providers with their pharmacokinetics, pharmacodynamics, how they should be initiated, titrated and exchanged for other insulins in appropriate patients who may benefit from these newer formulations.

# Learning Objectives

1. Compare and contrast the etiology, natural history and basal insulin needs in type 1 and type 2 diabetes.
2. Explain the different approaches to initiation and titration of basal insulin in type 1 versus type 2 diabetes.
3. Describe the pharmacokinetics and pharmacodynamics of the new basal insulin preparations, how these differ from traditional basal insulins, and potential benefits from using the new basal insulin preparations.
4. Develop a rationale for when and how to use new basal insulin preparations in type 1 versus type 2 diabetes.
5. For individuals with type 1 diabetes, understand how to assess basal insulin doses with the use of overnight and daytime fasting and interpretation of CGM data.
6. For individuals with type 2 diabetes, understand how to monitor basal insulin adjustment with HGM.

# Faculty



**Steven V. Edelman, MD**

Clinical Professor of Medicine  
UC San Diego School of Medicine

Director, Diabetes Care Clinic,  
San Diego VA Medical Center

Founder and Director,  
Taking Control Of Your Diabetes



**Tricia Santos Cavaiola, MD**

Assistant Clinical Professor  
of Medicine

UC San Diego School of Medicine  
Division of Endocrinology,  
Diabetes and Metabolism

## Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, San Diego School of Medicine and Taking Control of Your Diabetes. The University of California, San Diego School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**AMA:** The University of California, San Diego School of Medicine designates this live activity for a maximum of 1.5 *AMA PRA Category 1 credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** For the purposes of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 credits*™ issued by organizations accredited by the ACCME. For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 credits*™.

**Physician Assistants:** The AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 credits*™ from organizations accredited for ACCME or a recognized state medical society.

**Pharmacists:** The California Board of Pharmacy accepts as continuing education for pharmacist's coursework which meets the standard of relevance to pharmacy practice and is accepted as continuing education by the Medical Board of California.

**Certified Diabetes Educators:** The University of California, San Diego School of Medicine is accredited by the ACCME, which is on the NCBDE list of approved providers.

## Disclosure

It is the policy of the University of California, San Diego School of Medicine to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms: 1) altering the financial relationship with the commercial interest, 2) altering the individual's control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose will be disqualified from participating in the CME activity.

## Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables healthcare professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is defined as the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language. Cultural and linguistic competency was incorporated into the planning of this activity. Additional resources can be found on the UC San Diego CME website.

**Thursday, August 2, 2018**

6:00 – 8:30pm

Sheraton Grand Sacramento  
Sacramento, California



**Additional CME Programs:**

March 3 Sacramento, CA

March 17 Monterey, CA

April 7 Novi, MI

May 5 Honolulu, HI

June 2 Spokane, WA

September 8 Nashville, TN

November 17 San Diego, CA

**More Info:** [tcoyd.org/MTC](http://tcoyd.org/MTC)



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