Our mission is to encourage people with diabetes to take a more active role in their health through education, motivation, empowerment and perhaps most importantly... HUMOR!
ATTEND OUR LIFE-CHANGING Diabetes Conference & Health Fair

for Type 1s, Type 2s & Those Who Care

(Medical Professionals, check out our list of accredited CME programs at TCOYD.org/cme.)

ONE-ON-ONE CONSULTATIONS

INTERACTIVE HEALTH FAIR WITH GIVEAWAYS

SNACKS AND LUNCH INCLUDED

WORLD’S BEST DIABETES SPEAKERS

LIFESTYLE COACHES AND FITNESS EXPERTS

FREE HEALTH SCREENINGS

TRANSFORM THE WAY YOU LIVE WITH DIABETES

TAKING CONTROL OF YOUR DIABETES IS A 501(C)(3) NONPROFIT ORGANIZATION

REGISTER NOW!
tcoyd.org/missoula
800.998.2693

$25 PER PERSON THRU SEPT 3!

$20 pp for 2 or more, thru Sept 3.
$35 pp at the door.

SATURDAY, SEPTEMBER 7, 2019
9AM - 5PM | Missoula Hilton Garden Inn
3720 North Reserve St., Missoula, MT 59808
# DAY AT A GLANCE

## MORNING SESSIONS
7:30 – 9:00AM  Registration/Check-In & Health Fair Open
9:00 – 10:10AM  Conquering Diabetes...I Get a Good Feeling
An informative and entertaining overview of diabetes
10:10 – 10:40AM  Diabetes for the Encouraged and Discouraged
The emotional side of diabetes

## MORNING BREAK
10:40 – 11:30AM  Visit Health Fair & Enjoy Refreshments (included)

## MID MORNING SESSIONS
11:30 – 12:30PM  Divide into Type 1 and Type 2 Tracks
Type 1 Track  The Newlywed Game Featuring Type 1s with Their Significant Others
A panel discussion focused on living life successfully with T1D
Type 2 Track  Type 2 Combo: Medications and Nutrition
Discussions on type 2 treatment options and diet fads versus the facts

## LUNCH
12:30 – 1:30PM  Healthy and Tasty Lunch (included)

## AFTERNOON WORKSHOPS
1:30 – 4:30PM  A Practical Session on How to Improve Your Time in Range
- From Driving to Scuba Diving...How to Stay Safe in a World with Hypos
- Improving Communication between Patients and Providers

## Type 2 Topics
- Type 2 Treatments - Weight Loss Strategies
- Managing Stress thru Mindfulness - An Indigenous Approach
- Improving Communication Between Patients and Providers

## Type 3 Topics
- Diabetes Etiquette
- Supporting Your Loved One with Diabetes

## CLOSING SESSION
4:30 – 5:00PM  Sweeter Than I Should Be
Country music artist Amanda Jo Kielinski shares her story and songs

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**THE BEST OF THE BEST**

These diabetes thought leaders will provide you with INVALUABLE INFORMATION and improve the way YOU or someone you care about lives with DIABETES!

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**STEVEN EDELMAN, MD**
Endocrinologist, Founder & Director, TCOYD
Clinical Professor of Medicine, UCSD School of Medicine, Director, Diabetes Care Clinic, VA Medical Center San Diego

**JEREMY PETTUS, MD**
Endocrinologist, Type 1 Track Co-Director, TCOYD
Assistant Professor of Medicine, UCSD School of Medicine

**WILLIAM POLONSKY, PHD, CDE**
Clinical Psychologist
Founder & CEO, Behavioral Diabetes Institute

**ANNE PETERS, MD**
Director, USC Clinical Diabetes Program
Professor of Clinical Medicine, Keck School of Medicine of USC

**CHRISTOPHER CORSI, MD**
Endocrinologist, Providence Medical Group Endocrinology Diabetes and Nutrition Center

**MICHELE DANICICH, MD, FACE**
Endocrinologist, Providence Medical Group Endocrinology, Diabetes and Nutrition Center

**JENNIFER TROUPE, MS, RD, CDE, BC-ADM**
Practice Manager, Providence Medical Group Endocrinology Diabetes and Nutrition Center

**AMANDA JO KIELINSKI, COUNTRY MUSIC ARTIST**
Speaker and Singer, Tandem Diabetes Care’s Speaker Series

*Extra relatable faculty (they’re living well with diabetes).*

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VISIT TCOYD.ORG FOR A DETAILED PROGRAM AGENDA
ENGAGING & INTERACTIVE HEALTH FAIR

a variety of exhibitors & diabetes specialists ready to answer your questions

Ask A Specialist – One-on-one diabetes expert consultations
Important Health Screenings – Variety of complimentary health screenings
Fun Fitness – Try new ways to be active without the gym
State-of-the-Art device companies

Entertaining and Educational Activities
Innovative pharmaceuticals & treatment options
Local Support programs
Healthy Lifestyle options

ARE YOU A MEDICAL PROFESSIONAL?

Register for our 5.75 accredited CME program! Same day, same location, $50. (tcoyd.org/cme)

FINANCIAL AID & DONATIONS

Can’t make it due to costs? Call us about our financial assistance program!

Please help us keep our registration fees low. While we charge only $25 per person, it costs TCOYD approximately $175 per person to put on this conference.

We greatly appreciate your support for helping to underwrite the cost of this event. Any dollar amount helps, and all donations are tax deductible!

EXHIBITORS & SPONSORS

CHECK TCOYD.ORG FOR AN UP-TO-DATE LIST OF SPONSORS

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