



TAKING CONTROL OF YOUR DIABETES

Education. Motivation. Empowerment.

2019 CONFERENCE SCHEDULE

2/9	BELLEVUE, WA	6/22	ALBANY, NY
3/30	SANTA CLARA, CA	9/7	MISSOULA, MT
4/27	HONOLULU, HI	10/12	SAN DIEGO, CA
5/11	RALEIGH, NC	11/2	CHARLOTTE, NC

Our mission is to encourage people with diabetes to take a more active role in their health through education, motivation, empowerment and perhaps most importantly...**HUMOR!**

Taking Control Of Your Diabetes is a 501(c)(3) Nonprofit Charitable Educational Organization



THE MOST UPLIFTING DIABETES CONFERENCE YOU'LL EVER ATTEND

**SATURDAY
SEPTEMBER 7, 2019**

Missoula Hilton Garden Inn
Missoula, Montana

tcoyd.org/missoula

TCOYD
TAKING CONTROL OF YOUR DIABETES

990 Highland Drive, Suite 312, Solana Beach, CA 92075

Nonprofit Org
US Postage
PAID
San Diego CA
Permit no 1

ATTEND OUR **LIFE-CHANGING** Diabetes Conference & Health Fair

for Type 1s, Type 2s & Those Who Care

(Medical Professionals, check out our list of accredited CME programs at TCOYD.org/cme.)

CUTTING EDGE DIABETES EDUCATION



HANG WITH PEEPS
WHO TOTALLY GET YOU



ONE-ON-ONE CONSULTATIONS



INTERACTIVE HEALTH FAIR WITH GIVEAWAYS



SNACKS AND LUNCH INCLUDED



WORLD'S BEST DIABETES SPEAKERS



LIFESTYLE COACHES AND FITNESS EXPERTS



FREE HEALTH SCREENINGS



TRANSFORM THE WAY YOU LIVE WITH **DIABETES**

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IS A 501(C)(3) NONPROFIT ORGANIZATION

TCOYD
TAKING CONTROL OF YOUR DIABETES

REGISTER NOW!
tcoyd.org/missoula
800.998.2693

\$25 PER PERSON
THRU SEPT 3!
\$20 pp for 2 or more, thru Sept 3.
\$35 pp at the door.

SATURDAY, SEPTEMBER 7, 2019
9AM - 5PM | Missoula Hilton Garden Inn
3720 North Reserve St., Missoula, MT 59808

MORNING SESSIONS

7:30 – 9:00AM

Registration/Check-In & Health Fair Open

9:00 – 10:10AM

Conquering Diabetes...I Get a Good Feeling

An informative and entertaining overview of diabetes

10:10 – 10:40AM

Diabetes for the Encouraged and Discouraged

The emotional side of diabetes

MORNING BREAK

10:40 – 11:30AM

Visit Health Fair & Enjoy Refreshments (included)

MID MORNING SESSIONS

11:30 – 12:30PM

Divide into Type 1 and Type 2 Tracks

Type 1 Track

The Newlywed Game Featuring Type 1s with Their Significant Others

A panel discussion focused on living life successfully with T1D

Type 2 Track

Type 2 Combo: Medications and Nutrition

Discussions on type 2 treatment options and diet fads versus the facts

LUNCH

12:30 – 1:30PM

Healthy and Tasty Lunch (included)

AFTERNOON WORKSHOPS

1:30 – 4:30PM

Type 1 Topics

- A Practical Session on How to Improve Your Time in Range
- From Driving to Scuba Diving...How to Stay Safe in a World with Hypos
- Improving Communication between Patients and Providers

Type 2 Topics

- Type 2 Treatments - Weight Loss Strategies
- Managing Stress thru Mindfulness - An Indigenous Approach
- Improving Communication Between Patients and Providers

Type 3 Topics

- Diabetes Etiquette
- Supporting Your Loved One with Diabetes

CLOSING SESSION

4:30 – 5:00PM

Sweeter Than I Should Be

Country music artist Amanda Jo Kielpinski shares her story and songs

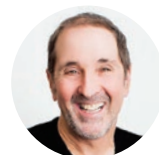


*STEVEN EDELMAN, MD

Endocrinologist, Founder & Director, TCOYD
Clinical Professor of Medicine, UCSD School of Medicine,
Director, Diabetes Care Clinic, VA Medical Center San Diego

*JEREMY PETTUS, MD

Endocrinologist, Type 1 Track Co-Director, TCOYD
Assistant Professor of Medicine, UCSD School of Medicine



WILLIAM POLONSKY, PHD, CDE

Clinical Psychologist
Founder & CEO, Behavioral Diabetes Institute

*ANNE PETERS, MD

Director, USC Clinical Diabetes Program
Professor of Clinical Medicine, Keck School of Medicine of USC



CHRISTOPHER CORSI, MD

Endocrinologist, Providence Medical Group Endocrinology
Diabetes and Nutrition Center

MICHELE DANICICH, MD, FACE

Endocrinologist, Providence Medical Group Endocrinology,
Diabetes and Nutrition Center



JENNIFER TROUPE, MS, RD, CDE, BC-ADM

Practice Manager, Providence Medical Group Endocrinology
Diabetes and Nutrition Center

*AMANDA JO KIELPINSKI, COUNTRY MUSIC ARTIST

Speaker and Singer, Tandem Diabetes Care's Speaker Series



**Extra relatable faculty (they're living well with diabetes).*

ENGAGING & INTERACTIVE HEALTH FAIR

a variety of **exhibitors**
& **diabetes specialists**
ready to answer **your** questions



Ask A Specialist – One-on-one diabetes expert consultations

Important Health Screenings – Variety of complimentary health screenings

Fun Fitness – Try new ways to be active without the gym

State-of-the-Art device companies

Entertaining and Educational Activities

Innovative pharmaceuticals & treatment options

Local Support programs

Healthy Lifestyle options

ARE YOU A MEDICAL PROFESSIONAL?

Register for our 5.75 accredited CME program! Same day, same location, \$50. (tcoyd.org/cme)

FINANCIAL AID & DONATIONS

Can't make it due to costs? Call us about our financial assistance program!

Please help us keep our registration fees low. While we charge only \$25 per person, it costs TCOYD approximately \$175 per person to put on this conference.

We greatly appreciate your support for helping to underwrite the cost of this event. Any dollar amount helps, and all **donations are tax deductible!**

EXHIBITORS & SPONSORS



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