Making the Connection Between Patients and Providers

A Comprehensive Overview of the Modern Treatment Strategies For People With Type 1 and Type 2 Diabetes

Saturday, February 8, 2020
Meydenbauer Center • Bellevue, Washington

14th Year in a Unique National Series
Program [ Saturday, February 8, 2020 ]

7:30 am  Registration and Continental Breakfast
8:00 am  Program Overview and Introduction
8:15 am  Communicating the Good News (Not Just the Bad News) About Diabetes: How Communicating Evidence-Based Hope Can Promote Patient Engagement
         William Polonsky, PhD, CDE
9:10 am  The Diabetes Conference of Tomorrow...Today!*
         Steven V. Edelman, MD; William Polonsky, PhD, CDE; Jeremy H. Pettus, MD; and Tricia Santos Cavaiola, MD
         (Session coincides with TCOYD Patient Education Conference)
10:40 am Break and Opportunity to Visit Health Fair
11:30 am Update and Clinical Overview of Oral Medications for Type 2 Diabetes and Their Cardiovascular Effects
         Irl B. Hirsch, MD
12:30 pm Lunch
1:15 pm  Practical Application of Injectable Agents: Insulin and GLP-1 Receptor Agonists
         Tricia Santos Cavaiola, MD
2:15 pm  Addressing the Therapeutic Strategies and Unmet Needs in Type 1 Diabetes
         Steven V. Edelman, MD
3:30 pm  Combined Patient-Provider Workshop: Doctors Are From Mars, Patients Are From Venus
         William Polonsky, PhD, CDE, and Steven V. Edelman, MD
4:30 pm  Closing Session
         (Session coincides with TCOYD Patient Education Conference)

* Not eligible for credit
Course Description

This activity for clinicians will focus on four distinct areas of diabetes management and will integrate case presentations into the lectures in order to facilitate more active audience participation. The four areas are:

- Patient-provider relationships with a focus on communication methods to improve adherence and persistence
- Oral agents for the treatment of type 2 diabetes and their effect on cardiovascular health
- Injectable therapies, including insulin, for use in patients with type 2 diabetes
- New and emerging strategies for patients with type 1 diabetes

In addition, this course is held in tandem with a separate, large-scale patient-focused conference. This will give providers the opportunity to observe and interact with people who have had diabetes and are engaged in their own intensive educational environment. By making that connection with patients, providers will acquire new skills and insight into what empowers patients with diabetes to develop healthy self-management of their condition.

Target Audience

This course is designed for diabetes healthcare providers including endocrinologists, primary care physicians, nurse practitioners, physician assistants, nurses, certified diabetes educators, pharmacists, and other healthcare providers wanting to expand their knowledge of diabetes management.
Learning Objectives

Upon completion of this course, participants should be able to:

1. Identify the different pathophysiologic defects associated with type 2 diabetes and how all the pharmacologic agents (oral and injectable) address these specific abnormalities.
2. Review the recently published cardiovascular outcome trials (CVOTs) on oral and injectable type 2 medications.
3. Discuss the implications of recently published cardiovascular outcome trials (CVOTs) on oral and injectable type 2 medications.
4. Discuss approaches to combination therapy with the currently available oral agents, as well as physician and patient-directed insulin titration strategies and the basal-bolus approach.
5. Outline the most up-to-date clinical information on GLP-1 receptor agonists and SGLT-2 inhibitors.
6. Design a treatment plan for multiple daily injection regimens and insulin pump therapy.
7. Interpret continuous glucose monitoring data.
8. Select effective therapeutic adjustments based on trending or rate of change arrows, time in range, and standard deviation.
9. Evaluate the physical and emotional barriers that prevent patients with diabetes from being persistent and adherent to their therapeutic regimen(s).
10. Employ innovative and dynamic strategies for communication with patients to strengthen provider-patient relations and improve patient outcomes.

Faculty

Steven V. Edelman, MD
Clinical Professor of Medicine
University of California, San Diego School of Medicine
Director, Diabetes Care Clinic, San Diego VA Medical Center
Founder and Director, Taking Control Of Your Diabetes

William Polonsky, PhD, CDE
President, Behavioral Diabetes Institute
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Registration
Register Online ONLY: tcoyd.org/bellevuemtc
Registration Fee & Details:
$50 per person
Day-of pricing is $65
Includes: Breakfast, snack, lunch, syllabus, and downloadable slide decks.
Register by:
Wednesday, February 5, 2020
Unless the program is sold out; registration is limited to 200 people.
Cancellations:
Email cancelmycme@tcoyd.org
No refunds after Friday, January 31, 2020
Conference Location:
Meydenbauer Center
11100 NE 6th Street
Bellevue, WA 98004
Parking is $15 at the center
Saturday, February 8, 2020
7:30am–5:00pm
Meydenbauer Center
Bellevue, Washington

2020 CME Programs
February 8 Bellevue, Washington
February 29 Honolulu, Hawaii
March 28 Novi, Michigan
May 9 Omaha, Nebraska
May 30 Houston, Texas
September 12 Palm Springs, California*
November 7 San Diego, California
November 21 Indianapolis, Indiana

*Tentative