



TAKING CONTROL OF YOUR DIABETES

Education. Motivation. Empowerment.

2020 CONFERENCE SCHEDULE

2/8	BELLEVUE, WA	5/30	HOUSTON, TX
2/29	HONOLULU, HI	9/12	PALM SPRINGS, CA
3/28	NOVI, MI	11/7	SAN DIEGO, CA
5/9	OMAHA, NE	11/21	INDIANAPOLIS, IN

Our mission is to encourage people with diabetes to take a more active role in their health through education, motivation, empowerment and most importantly...**HUMOR!**

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990 Highland Drive, Suite 312, Solana Beach, CA 92075

THIS DIABETES CONFERENCE IS **MAIKA'I**... E WIKI WIKI AND REGISTER **NOW!**

SATURDAY, FEBRUARY 29, 2020

Hawaii Convention Center | Honolulu, Hawaii

tcoyd.org/honolulu20



Taking Control Of Your Diabetes is a 501(c)(3) Nonprofit Charitable Educational Organization

ATTEND OUR **LIFE-CHANGING** Diabetes Conference & Health Fair *for Type 1s, Type 2s & Those Who Care*

(Medical Professionals, check out our list of accredited CME programs at TCOYD.org/cme.)

ONE DAY THAT WILL LAST A LIFETIME

Join us for a life-changing day of education, motivation, empowerment and HUMOR, where you'll learn about the newest medications and devices to help you take control of your diabetes, or to help somebody who is. You will hear about the latest research and practical tips and tricks on how to live a long and healthy life with diabetes. With TCOYD you can learn and laugh at the same time, while connecting with people who get YOU. Our all-star cast of diabetes experts (many who live with diabetes themselves) are here to answer all of your questions while igniting motivation, offering hope and changing your life with diabetes forever.

MEET OUR FEARLESS LEADER WHO GETS IT!

I'm Steve Edelman, founder of TCOYD, and I was diagnosed with diabetes when I was 15 years old. I was given 20 years to live, but instead of accepting that I went into medicine to learn how to conquer this condition and to bring the important messages about living a long and healthy life with diabetes directly to those most affected by it. I've been living with diabetes for nearly 50 years now and have dedicated my career to educating and empowering others with this condition to become active participants in their healthcare.



We are with you through the highs and lows!

STEVEN V. EDELMAN, MD



REGISTER NOW!
tcoyd.org/honolulu20
800.998.2693

\$25 PER PERSON
THRU FEB 25!
\$20 pp for 2 or more | \$35 pp at the door



**WORLD'S BEST
DIABETES
SPEAKERS**



**ONE-ON-ONE
CONSULTATIONS**



**CUTTING EDGE
DIABETES EDUCATION**



**LIFESTYLE COACHES
AND FITNESS EXPERTS**



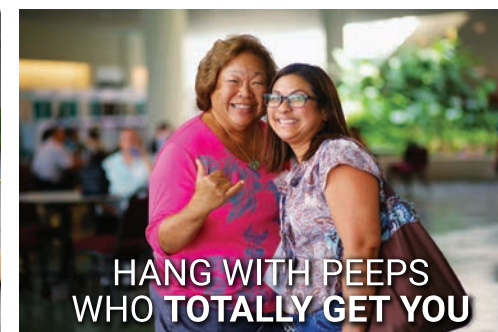
**INTERACTIVE HEALTH FAIR
WITH GIVEAWAYS**



FREE HEALTH SCREENINGS



SNACKS AND LUNCH INCLUDED



**HANG WITH PEEPS
WHO TOTALLY GET YOU**

SATURDAY, FEBRUARY 29, 2020
9AM - 5PM | Hawaii Convention Center
1801 Kalakaua Ave, Honolulu, HI 96815

TCOYD CONFERENCE & HEALTH FAIR



Day at a Glance!

MORNING SESSIONS

7:30 – 9:00AM Registration/Check-In & Health Fair Open

9:00AM Opening Prayer - *Meleanna Aluli Meyer*

Welcome & Introduction
Laurie Tom, MD, and Viola Genadio, MSN, APRN, CDE, BC-ADM

9:10AM The Diabetes Conference of Tomorrow TODAY!
Steven V. Edelman, MD; Jeremy Pettus, MD; Schafer Boeder, MD; and William Polonsky, PhD, CDE

MORNING BREAK

10:40 – 11:30AM Visit Health Fair & Enjoy Refreshments (included)

MID MORNING SESSIONS

11:30 – 12:30PM Divide into Type 1 and Type 2 Tracks

TYPE 1 TRACK The World's Largest Shared Medical Appointment for Type 1s
Jeremy Pettus, MD; Alan Parsa, MD; and YOU

TYPE 2 TRACK The World's Largest Shared Medical Appointment for Type 2s
Schafer Boeder, MD; Jennifer Ann Loh, MD; and YOU

LUNCH

12:30 – 1:30PM Healthy and Tasty Lunch (included) with Live Music

AFTERNOON SESSIONS

1:30 – 4:30PM Pick and Choose

TYPE 1 TOPICS

1:30 – 2:15PM CGM Weapons of Mass Instruction...Teaching You How to Stay in Range - *Schafer Boeder, MD*

Prevention, Early Detection, and Aggressive Treatment of Eye, Kidney and Nerve Disease - *Steven V. Edelman, MD*

2:30 – 3:15PM The Newest Features in Sensor Augmented Insulin Pumps
Drizza Tabisola-Nuesca, MSN, FNP-C, CDE

SGLT Inhibitors and Therapies Other Than Insulin for T1D
Steven V. Edelman, MD

3:30 – 4:25PM

Top 10 Hottest and Coolest Things in Type 1 Right Now!
Jeremy Pettus, MD

TYPE 2 TOPICS

2:00 - 3:00PM

AFTERNOON WORKSHOPS A

Monitoring Your Glucose (CGM): To Poke or Not to Poke?
Kevin Kam, RPh, CDE

Getting Enough Zs? Sleep Apnea - *George Druger, MD*

'Ekahi Wellness: A Team-Based Approach to Treating the Whole Body to Achieve Health Goals
Kevin Lum, MD; Robert Walker; and Blair Grant

What's New in Type 2 Treatment Options, Including Insulin
Sophia Hox, DO

Diabetes Etiquette: Supporting Your Loved One with Diabetes
William Polonsky, PhD, CDE

3:30 – 4:25PM

AFTERNOON WORKSHOPS B

The Heart of the Matter: Cardiovascular Care - *Hingson Chun, MD*

Why Weight? Medical and Surgical Treatments for Weight Loss
Faculty from Queen's Weight Management Program

Doctors are from Mars, Patients are from Venus
Steven V. Edelman, MD, and William Polonsky, PhD, CDE

Mahalo Kidney - *Ramona Wong, MD*

CLOSING SESSION

4:30PM

Laugh Your Way to Lower Blood Sugars - *Frank DeLima*

5:00PM

Wrap-Up and Drawing

CHECK TCOYD.ORG FOR A DETAILED PROGRAM AGENDA

OUR FACULTY IS THE *Best of the Best!*



***STEVEN EDELMAN, MD**

Endocrinologist, Founder & Director, TCOYD
Clinical Professor of Medicine, UCSD School of Medicine,
Director, Diabetes Care Clinic, VA Medical Center San Diego

VIOLA GENADIO, MSN, APRN, CDE, BC-ADM

Certified Diabetes Educator, Condition Care Programs, HMSA; Past
Coordinating Body Chair of the American Association of Diabetes Educators,
Hawaii Network; Member of the ADA Hawaii Leadership Board



LAURIE TOM, MD

Endocrinologist, Private Practice; Volunteer of the American Diabetes
Association, Past National Board of Directors, Past President
and Current Member of the ADA Hawaii Leadership Board

***JEREMY PETTUS, MD**

Endocrinologist, Type 1 Track Co-Director, TCOYD
Assistant Professor of Medicine, UCSD School of Medicine



SCHAFER BOEDER, MD

Endocrinologist, Assistant Professor of Medicine
UCSD School of Medicine

WILLIAM POLONSKY, PHD, CDE

Clinical Psychologist
Founder & CEO, Behavioral Diabetes Institute



FRANK DELIMA

Comedian, Entertainer; Frank is one of Hawaii's most beloved
comedians. For more than 30 years, this award winning comic has
been entertaining local residents and tourists alike with his zany
parodies and hysterical songs.

***TERRENCE TOM, JD**

Attorney; Musician, Pianist; First blind person in the nation
to take and pass the bar exam in braille



***EXTRA RELATABLE FACULTY (THEY'RE LIVING WELL WITH DIABETES).**

These diabetes thought leaders will provide **YOU** with **INVALUABLE INFORMATION** and help improve the way **YOU** or someone you care about lives with **DIABETES!**

SPEAKERS

Hingson Chun, MD, Cardiologist, Straub Medical Center; Medical Director Electrophysiology Program, Straub Heart Center

George Druger, MD, Pulmonologist, Queen's Medical Center; Clinical Professor of Medicine, UH John A. Burns School of Medicine

Blair Grant, Clinical Director, 'Ekahi Health Center

Sophia Hox, DO, Endocrinologist, VA Pacific Islands Health Care System

Kevin Kam, RPh, CDE, Pharmacist, inControl Diabetes Learning & Resource Center

Jennifer Loh, MD, FACE, CDE, Endocrinologist, Kaiser Permanente

Kevin Lum, MD, Medical Director, 'Ekahi Health Center

Alan Parsa, MD, FACE, Director, Pacific Diabetes & Endocrine Center; Medical Director, Diabetes Program, Queens Medical Center West Oahu; Assistant Clinical Professor of Medicine, John A. Burns School of Medicine

William Polonsky, PhD, CDE, Clinical Psychologist; Founder and CEO, Behavioral Diabetes Institute

Drizza Tabisola-Nuesca, MSN, FNP-C, CDE, Pediatric Endocrinology Specialist, Kapiolani Medical Specialists, Pediatric Endocrine Clinic

Robert Walker, Program Director, 'Ekahi Health Center

Ramona Wong, MD, Nephrologist, Founder, Aloha Kidney; Advocate for Chronic Kidney Disease

FITNESS FACULTY

Theresa Alejado, MSN, RN, CDE, Diabetes Advocate, Hula Instructor; Quality Care Integration Nurse Consultant, Hawaii Permanente Medical Group

May Del Rosario, CEO & Founder, Starfitness Hawaii

ASK A SPECIALIST

Michael Bornemann, MD, Endocrinologist, Private Practice

Emily Chan, MD, Endocrinologist, Kaiser Permanente

John Melish, MD, Professor of Medicine, Endocrinologist, John A. Burns School of Medicine

J. Harlan Meyer, MD, Medical Director, Diabetes, Endocrinology, Diabetes, Metabolism, The Queen's Medical Center

Cindy Pau, MD, General and Reproductive Endocrinologist, Diabetes & Hormone Center of the Pacific Clinician-Clinical Trials Investigator, East-West Medical Research Institute; Assistant Clinical Professor of Medicine, University of Hawaii School of Medicine

Werner Schroffner, MD, Endocrinologist, John A. Burns School of Medicine

Melanie Leilani Shim, MD, Pediatric Endocrinologist, Kaiser Permanente

Lisa Wong, MD, Endocrinologist, John A. Burns School of Medicine

ROVING EDUCATORS

Alana Busekrus, MSN, RN, APHN-BC, CDE, Diabetes Educator, Kaiser Permanente

August Espinal, MSNW, RD, CDE, Manager, Condition Care Programs, Integrated Health Management Services, HSMA

Naomi Fukuda, APRN-Rx, BC-ADM, CDE, CPT, WCC, Quality Coordinator, Diabetes Management and Education Center, Queen's Medical Center, West Oahu

Deliah Galase, RN, BSN, CDE, Team Lead, Condition Care Programs, Integrated Health Management Services

Kourtney Inoue, MS, RDN, CDE, Clinical Dietitian, Kaiser Permanente

Sarah Kim, MSN, APRN, NP-C, Nurse Practitioner/Endocrinology, Straubs Medical Center

Melissa Kono, APRN-RX, Advanced Practice Registered Nurse, Straubs Medical Center

Patricia Liang-Tong, MSCP, RD, LD, CDE, Renal Dietitian, Fresenius Kidney Care

Camlyn Masuda, PharmD, CDE, BCACP, Assistant Professor, Clinical Pharmacist, University of Hawaii at Hilo, Daniel K. Inouye College of Pharmacy

Lisa Ann Morita, MPH, RD, CDE, Condition Care Program, Integrated Health Management Services, HMSA

David Q. Pham, PharmD, BCPS, CDE, Associate Professor of Pharmacy, Western University of Health Sciences

Aileen Schroffner, RN, CDE, Registered Nurse, Community Volunteer

Anna Sliva, RN, BSN, CDE, Diabetes Care and Education Specialist, Kaiser Permanente

Sherrie Sonomura, MPH, RDN, LD, CDE, Dietitian, National Kidney Foundation of Hawaii

Patrick Uyemoto, PharmD, Pharmacist, Times Pharmacy

FOOT SCREENERS

Linda Ho, DPM, Podiatrist, Private Practice

Attilio Avino, DPM, Podiatrist, Foot & Ankle Institute

Additional podiatrists from the community

DENTAL SCREENERS

Wilfred Miyasaki, DMD, Dentist, A Downtown Dental Group

EYE EDUCATION

Mark Tafoya, MD, Ophthalmologist, Pacific Retina Care, LLC



ENGAGING & INTERACTIVE HEALTH FAIR

a variety of exhibitors
& diabetes specialists
ready to answer **your** questions

Important Health Screenings – Variety of complimentary health screenings

Ask A Specialist – One-on-one diabetes expert consultations

Fun Fitness – Try new ways to be active without the gym

State-of-the art device companies

Innovative pharmaceuticals & treatment options

Local Support programs

Healthy Lifestyle options

FINANCIAL AID & DONATIONS

Can't make it due to costs? Call us about our financial assistance program!
We also provide complimentary admission for veterans and their family members.

Please help us keep our registration fees low. While we charge only \$25 per person, it costs TCOYD approximately \$175 per person to put on this conference.

We greatly appreciate your support for helping to underwrite the cost of this event.
Any dollar amount helps, and all **donations are tax deductible!**

ARE YOU A MEDICAL PROFESSIONAL?

Register for our 5.75 accredited CME program! This separate program runs on the same day at the same location for \$50. Visit tcoyd.org/cme for more info.

Parking at the Convention Center is \$12 per vehicle

TAKING CONTROL OF YOUR DIABETES IS A 501(C)(3) NONPROFIT ORGANIZATION

EXHIBITORS & SPONSORS



CHECK TCOYD.ORG FOR AN UP-TO-DATE LIST OF SPONSORS

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