Education. Motivation. Empowerment.

2020 Conference Schedule

2/8 BELLEVUE, WA  5/30 HOUSTON, TX
2/29 HONOLULU, HI  9/12 PALM SPRINGS, CA
3/28 NOVI, MI    11/7 SAN DIEGO, CA
5/9 OMAHA, NE   11/21 INDIANAPOLIS, IN

Our mission is to encourage people with diabetes to take a more active role in their health through education, motivation, empowerment and most importantly...HUMOR!

Still need friends in diabetes? Find others near you!

tcoyd.org/CONNECT
ATTEND OUR LIFE-CHANGING Diabetes Conference & Health Fair
for Type 1s, Type 2s & Those Who Care

(Medical Professionals, check out our list of accredited CME programs at TCOYD.org/cme.)

ONE DAY THAT WILL LAST A LIFETIME
Join us for a life-changing day of education, motivation, empowerment and HUMOR, where you’ll learn about the newest medications and devices to help you take control of your diabetes, or to help somebody who is. You will hear about the latest research and practical tips and tricks on how to live a long and healthy life with diabetes. With TCOYD you can learn and laugh at the same time, while connecting with people who get YOU. Our all-star cast of diabetes experts (many who live with diabetes themselves) are here to answer all of your questions while igniting motivation, offering hope and changing your life with diabetes forever.

MEET OUR FEARLESS LEADER WHO GETS IT!
I’m Steve Edelman, founder of TCOYD, and I was diagnosed with diabetes when I was 15 years old. I was given 20 years to live, but instead of accepting that I went into medicine to learn how to conquer this condition and to bring the important messages about living a long and healthy life with diabetes directly to those most affected by it. I’ve been living with diabetes for nearly 50 years now and have dedicated my career to educating and empowering others with this condition to become active participants in their healthcare.

We are with you through the highs and lows!

STEVEN V. EDELMAN, MD

REGISTER NOW!
tcoydr.org/honolulu20
800.998.2693

$25 PER PERSON
THRU FEB 25!
$20 pp for 2 or more | $35 pp at the door

SATURDAY, FEBRUARY 29, 2020
9AM - 5PM | Hawaii Convention Center
1801 Kalakaua Ave, Honolulu, HI 96815

WORLD’S BEST DIABETES SPEAKERS
ONE-ON-ONE CONSULTATIONS
CUTTING EDGE DIABETES EDUCATION
LIFESTYLE COACHES AND FITNESS EXPERTS
FREE HEALTH SCREENINGS
INTERACTIVE HEALTH FAIR WITH GIVEAWAYS
SNACKS AND LUNCH INCLUDED
HANG WITH PEEPS WHO TOTALLY GET YOU
TCOYD CONFERENCE & HEALTH FAIR

MORNING SESSIONS
7:30 – 9:00AM  Registration/Check-In & Health Fair Open
9:00AM  Opening Prayer - Meleanna Aluli Meyer
Welcome & Introduction
Laurie Tom, MD, and Viola Genadio, MSN, APRN, CDE, BC-ADM
9:10AM  The Diabetes Conference of Tomorrow TODAY!
Steven V. Edelman, MD; Jeremy Pettus, MD; Schafer Boeder, MD; and William Polonsky, PhD, CDE

MORNING BREAK
10:40 – 11:30AM  Visit Health Fair & Enjoy Refreshments (included)

MID MORNING SESSIONS
11:30 – 12:30PM  Divide into Type 1 and Type 2 Tracks
TYPE 1 TRACK  The World’s Largest Shared Medical Appointment for Type 1s
Jeremy Pettus, MD; Alan Parsa, MD; and YOU
TYPE 2 TRACK  The World’s Largest Shared Medical Appointment for Type 2s
Schafer Boeder, MD; Jennifer Ann Loh, MD; and YOU

LUNCH
12:30 – 1:30PM  Healthy and Tasty Lunch (included) with Live Music

AFTERNOON SESSIONS
1:30 – 4:30PM  Pick and Choose
TYPE 1 TOPICS
1:30 – 2:15PM  CGM Weapons of Mass Instruction...Teaching You How to Stay in Range - Schafer Boeder, MD
Prevention, Early Detection, and Aggressive Treatment of Eye, Kidney and Nerve Disease - Steven V. Edelman, MD
2:30 – 3:15PM  The Newest Features in Sensor Augmented Insulin Pumps
Drizza Tabisola-Nuesca, MSN, FNP-C, CDE
SGLT Inhibitors and Therapies Other Than Insulin for T1D
Steven V. Edelman, MD

TYPE 2 TOPICS
2:00 – 3:00PM  Top 10 Hottest and Coolest Things in Type 1 Right Now!
Jeremy Pettus, MD

3:30 – 4:25PM  Type 2 Topics
2:00 – 3:00PM  AFTERNOON WORKSHOPS A
Monitoring Your Glucose (CGM): To Poke or Not to Poke?
Kevin Kam, RPh, CDE
Getting Enough Zs? Sleep Apnea - George Druger, MD
‘Ekahi Wellness: A Team-Based Approach to Treating the Whole Body to Achieve Health Goals
Kevin Lum, MD; Robert Walker; and Blair Grant
What’s New in Type 2 Treatment Options, Including Insulin
Sophia Hox, DO
Diabetes Etiquette: Supporting Your Loved One with Diabetes
William Polonsky, PhD, CDE

3:30 – 4:25PM  AFTERNOON WORKSHOPS B
The Heart of the Matter: Cardiovascular Care - Hingson Chun, MD
Why Weight? Medical and Surgical Treatments for Weight Loss
Faculty from Queen’s Weight Management Program
Doctors are from Mars, Patients are from Venus
Steven V. Edelman, MD, and William Polonsky, PhD, CDE
Mahalo Kidney - Ramona Wong, MD

Closing Session
4:30PM  Laugh Your Way to Lower Blood Sugars - Frank DeLima
5:00PM  Wrap-Up and Drawing

CHECK TCOYD.ORG FOR A DETAILED PROGRAM AGENDA
OUR FACULTY IS THE Best of the Best!

*STEVEN EDELMAN, MD
Endocrinologist, Founder & Director, TCOYD
Clinical Professor of Medicine, UCSD School of Medicine, Director, Diabetes Care Clinic, VA Medical Center San Diego

VIOLA GENADIO, MSN, APRN, CDE, BC-ADM
Certified Diabetes Educator, Condition Care Programs, HMSA; Past Coordinating Body Chair of the American Association of Diabetes Educators, Hawaii Network; Member of the ADA Hawaii Leadership Board

LAURIE TOM, MD
Endocrinologist, Private Practice; Volunteer of the American Diabetes Association, Past National Board of Directors, Past President and Current Member of the ADA Hawaii Leadership Board

*JEREMY PETTUS, MD
Endocrinologist, Type 1 Track Co-Director, TCOYD
Assistant Professor of Medicine, UCSD School of Medicine

SCHAFER BOEDER, MD
Endocrinologist, Assistant Professor of Medicine
UCSD School of Medicine

WILLIAM POLONSKY, PhD, CDE
Clinical Psychologist
Founder & CEO, Behavioral Diabetes Institute

FRANK DELIMA
Comedian, Entertainer; Frank is one of Hawaii’s most beloved comedians. For more than 30 years, this award winning comic has been entertaining local residents and tourists alike with his zany parodies and hysterical songs.

*TERRENCE TOM, JD
Attorney; Musician, Pianist; First blind person in the nation to take and pass the bar exam in braille

*EXTRA RELATABLE FACULTY (THEY’RE LIVING WELL WITH DIABETES).
These diabetes thought leaders will provide YOU with INVALUABLE INFORMATION and help improve the way YOU or someone you care about lives with DIABETES!

SPEAKERS
Hingson Chun, MD, Cardiologist, Straub Medical Center; Medical Director Electrophysiology Program, Straub Heart Center
George Druger, MD, Pulmonologist, Queen’s Medical Center; Clinical Professor of Medicine, UH John A. Burns School of Medicine
Blair Grant, Clinical Director, ‘Ekah Health Center
Sophia Hox, DO, Endocrinologist, VA Pacific Islands Health Care System
Kevin Kam, RPh, CDE, Pharmacist, inControl Diabetes Learning & Resource Center
Jennifer Loh, MD, FACE, CDE, Endocrinologist, Kaiser Permanente
Kevin Lum, MD, Medical Director, ‘Ekah Health Center
Alan Parsa, MD, FACE, Director, Pacific Diabetes & Endocrine Center; Medical Director, Diabetes Program, Queens Medical Center West Oahu; Assistant Clinical Professor of Medicine, John A. Burns School of Medicine
William Polonsky, PhD, CDE, Clinical Psychologist; Founder and CEO, Behavioral Diabetes Institute
Drizza Tabisola-Nuesca, MSN, FNP-C, CDE, Pediatric Endocrinology Specialist, Kapiolani Medical Specialists, Pediatric Endocrine Clinic
Robert Walker, Program Director, ‘Ekah Health Center
Ramona Wong, MD, Nephrologist, Founder, Aloha Kidney; Advocate for Chronic Kidney Disease

FITNESS FACULTY
Theresa Alejado, MSN, RN, CDE, Diabetes Advocate, Hula Instructor; Quality Care Integration Nurse Consultant, Hawaii Permanente Medical Group
May Del Rosario, CEO & Founder, Starfitness Hawaii

ASK A SPECIALIST
Michael Bornemann, MD, Endocrinologist, Private Practice
Emily Chan, MD, Endocrinologist, Kaiser Permanente
John Melish, MD, Professor of Medicine, Endocrinologist, John A. Burns School of Medicine
J. Harlan Meyer, MD, Medical Director, Diabetes, Endocrinology, Diabetes, Metabolism, The Queen’s Medical Center
Cindy Pau, MD, General and Reproductive Endocrinologist, Diabetes & Hormone Center of the Pacific Clinician-Clinical Trials Investigator, East-West Medical Research Institute; Assistant Clinical Professor of Medicine, University of Hawaii School of Medicine
Werner Schroffner, MD, Endocrinologist, John A. Burns School of Medicine
Melanie Leilani Shim, MD, Pediatric Endocrinologist, Kaiser Permanente
Lisa Wong, MD, Endocrinologist, John A. Burns School of Medicine

ROVING EDUCATORS
Alana Busekurs, MSN, RN, APHN-BC, CDE, Diabetes Educator, Kaiser Permanente
August Espinal, MSNW, RD, CDE, Manager, Condition Care Programs, Integrated Health Management Services, HSMA
Naomi Fukuda, APRN-Rx, BC-ADM, CDE, CPT, WCC, Quality Coordinator, Diabetes Management and Education Center, Queen’s Medical Center, West Oahu
Deliah Galase, RN, BSN, CDE, Team Lead, Condition Care Programs, Integrated Health Management Services
Kourtney Insoue, MS, RDN, CDE, Clinical Dietitian, Kaiser Permanente
Sarah Kim, MSN, APRN, NP-C, Nurse Practitioner/Endocrinology, Straub Medical Center
Melissa Kono, APRN-RX, Advanced Practice Registered Nurse, Straub Medical Center
Patricia Liang-Tong, MSCP, RD, LD, CDE, Renal Dietitian, Fresenius Kidney Care
Camlyn Masuda, PharmD, CDE, BCACP, Assistant Professor, Clinical Pharmacist, University of Hawaii at Hilo, Daniel K. Inouye College of Pharmacy
Lisa Ann Morita, MPH, RD, CDE, Condition Care Program, Integrated Health Management Services, HMSA
David Q. Pham, PharmD, BCPS, CDE, Associate Professor of Medicine, Western University of Health Sciences
Aileen Schroffner, RN, CDE, Registered Nurse, Community Volunteer
Anna Sliva, RN, BSN, CDE, Diabetes Care and Education Specialist, Kaiser Permanente
Sherrie Sonomura, MPH, RDN, LD, CDE, Dietitian, National Kidney Foundation of Hawaii
Patrick Uyemoto, PharmD, Pharmacist, Times Pharmacy

FOOT SCREENERS
Linda Ho, DPM, Podiatrist, Private Practice
Attilio Avino, DPM, Podiatrist, Foot & Ankle Institute
Additional podiatrists from the community

DENTAL SCREENERS
Wilfred Miyasaki, DMD, Dentist, A Downtown Dental Group

EYE EDUCATION
Mark Tafoya, MD, Ophthalmologist, Pacific Retina Care, LLC
Important Health Screenings – Variety of complimentary health screenings
Ask A Specialist – One-on-one diabetes expert consultations
Fun Fitness – Try new ways to be active without the gym
State-of-the art device companies
Innovative pharmaceuticals & treatment options
Local Support programs
Healthy Lifestyle options

FINANCIAL AID & DONATIONS
Can’t make it due to costs? Call us about our financial assistance program! We also provide complimentary admission for veterans and their family members.
Please help us keep our registration fees low. While we charge only $25 per person, it costs TCOYD approximately $175 per person to put on this conference.
We greatly appreciate your support for helping to underwrite the cost of this event. Any dollar amount helps, and all donations are tax deductible!

ARE YOU A MEDICAL PROFESSIONAL?
Register for our 5.75 accredited CME program! This separate program runs on the same day at the same location for $50. Visit tcoyd.org/cme for more info.

Parking at the Convention Center is $12 per vehicle

TAKING CONTROL OF YOUR DIABETES IS A 501(C)(3) NONPROFIT ORGANIZATION

REGISTER NOW!
tcoyd.org/honolulu20
800.998.2693
$25 PER PERSON
THRU FEB 25!
$20 pp for 2 or more | $35 pp at the door

SATURDAY, FEBRUARY 29, 2020
9AM - 5PM | Hawaii Convention Center
1801 Kalakaua Ave, Honolulu, HI 96815