Making the Connection Between Patients and Providers

Improving Clinical Care with Modern Treatment Strategies for Type 1 and Type 2 Diabetes

Saturday, August 1, 2020
CHI Health Center Omaha
Omaha, Nebraska
Program [ Saturday, August 1, 2020 ]

7:30 am Registration and Continental Breakfast

8:00 am Program Overview and Introduction

8:15 am Understanding and Addressing Problematic Adherence to Oral and Injectable Cardiometabolic Medications
William Polonsky, PhD, CDE

8:15 am The Diabetes Conference of Tomorrow...Today!*
Steven V. Edelman, MD; William Polonsky, PhD, CDE; and Jeremy H. Pettus, MD
(Session coincides with TCOYD Patient Education Conference)

9:10 am The Diabetes Conference of Tomorrow...Today!*
Steven V. Edelman, MD; William Polonsky, PhD, CDE; and Jeremy H. Pettus, MD
(Session coincides with TCOYD Patient Education Conference)

9:10 am Effective Use of Oral Medications for Type 2 Diabetes: Lowering Cardiovascular Risk While Improving Glycemic Control
Ian Blumer, MD, FRCPC

9:10 am The Diabetes Conference of Tomorrow...Today!*
Steven V. Edelman, MD; William Polonsky, PhD, CDE; and Jeremy H. Pettus, MD
(Session coincides with TCOYD Patient Education Conference)

12:30 pm Lunch

1:15 pm Practical Application of Injectable Agents and Their Cardiovascular Effects: Individualized Treatment Strategies
Steven V. Edelman, MD

2:15 pm A Focus on Time in Range, Unmet Needs and Modern Management of Type 1 Diabetes
Jeremy H. Pettus, MD

3:30 pm Combined Patient-Provider Workshop: Doctors Are From Mars, Patients Are From Venus
William Polonsky, PhD, CDE, and Steven V. Edelman, MD

4:30 pm Closing Session
This session will discuss participant observations and insights gained regarding the important and difficult issues that people with diabetes face on an everyday basis.
(Session held in tandem with TCOYD Patient Education Conference)

* Not eligible for credit
Course Description

This clinician-oriented activity will focus on four distinct areas of diabetes management and will integrate case presentations into the lectures in order to facilitate more active audience participation. The four areas are:

- Patient-provider relationships with a focus on communication methods to improve adherence and persistence
- Oral agents for the treatment of type 2 diabetes and their effect on cardiovascular health
- Injectable therapies, including insulin, for use in patients with type 2 diabetes and their cardiovascular impact
- Time in range and the unmet needs of type 1 diabetes

In addition, this course is held in tandem with a separate, large-scale patient-focused conference. This will give providers the opportunity to observe and interact with people who have had diabetes and are engaged in their own intensive educational environment. By making that connection with patients, providers will acquire new skills and insight into what empowers patients with diabetes to develop healthy self-management of their condition.

Target Audience

This course is designed for diabetes healthcare providers including endocrinologists, primary care physicians, nurse practitioners, physician assistants, nurses, certified diabetes educators, pharmacists, and other healthcare providers wanting to expand their knowledge of diabetes management.
Learning Objectives

Upon completion of this course, participants should be able to:

1. Identify the different pathophysiologic defects associated with type 2 diabetes and how all the pharmacologic agents (oral and injectable) address these specific abnormalities.

2. Develop individualized treatment strategies based on the living standards of care and patient characteristics.

3. Discuss the recently published cardiovascular-renal outcome trials on oral and injectable type 2 medications.

4. Summarize the most up-to-date clinical information on GLP-1 RA and SGLT-2 inhibitors.

5. Evaluate the use of SGLT-2 and GLP-1 RA in patients who have cardiovascular risks factors and are at risk or have a history of atherosclerotic cardiovascular disease (ASCVD).

6. Discuss approaches to combination therapy with the currently available oral agents, as well as physician and patient-directed insulin titration strategies and the basal-bolus approach.

7. Design a treatment plan for multiple daily injection regimens and insulin pump therapy.

8. Explain how to interpret continuous glucose monitoring (CGM) data.

9. Demonstrate the ability to select effective therapeutic adjustments based on CGM trending or rate of change arrows, time in range, and standard deviation.

10. Recognize the physical and emotional barriers that prevent patients with diabetes from being persistent and adherent to their therapeutic regimen(s).

11. Employ innovative and dynamic strategies for communication with patients to strengthen provider-patient relations and improve patient outcomes.

Faculty

Steven V. Edelman, MD
Clinical Professor of Medicine
University of California San Diego School of Medicine
Director, Diabetes Care Clinic, San Diego VA Medical Center
Founder and Director, Taking Control Of Your Diabetes

William Polonsky, PhD, CDE
President, Behavioral Diabetes Institute
Associate Clinical Professor, Department of Psychiatry
University of California San Diego

Ian Blumer, MD, FRCPC
Endocrinologist
Charles H. Best Diabetes Centre, University of Toronto
Toronto, Canada

Jeremy H. Pettus, MD
Associate Clinical Professor of Medicine
Division of Endocrinology, Diabetes and Metabolism
University of California San Diego School of Medicine
Registration

Register Online ONLY: tcoyd.org/omamtc

Registration Fee & Details:
$50 per person
Day-of pricing is $65
Includes: Breakfast, snack, lunch, syllabus, and downloadable slide decks.

Register by:
Wednesday, July 29, 2020
Unless the program is sold out; registration is limited to 200 people.

Cancellations:
Email cancelmycme@tcoyd.org
No refunds after Friday, July 24, 2020

Conference Location:
CHI Health Center Omaha
455 N 10th St, Omaha, NE 68102
Parking: Surface parking is $8. Garage parking (when available) is $12.
Saturday, August 1, 2020
7:30am–5:00pm
CHI Health Center Omaha
Omaha, Nebraska

2020 CME Programs
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February 29 Honolulu, Hawaii
May 30 Houston, Texas
August 1 Omaha, Nebraska
September 12 Palm Springs, California
October 3 Novi, Michigan
November 7 San Diego, California
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