



TAKING CONTROL OF YOUR DIABETES

Education. Motivation. Empowerment.

2020 CONFERENCE SCHEDULE

2/8	BELLEVUE, WA	9/12	PALM SPRINGS, CA
2/29	HONOLULU, HI	10/3	NOVI, MI
5/30	HOUSTON, TX	11/7	SAN DIEGO, CA
8/1	OMAHA, NE	11/21	INDIANAPOLIS, IN
8/21-23 CONFERENCE & RETREAT FOR T1DS SAN DIEGO, CA			

Our mission is to encourage people with diabetes to take a more active role in their health through education, motivation, empowerment and most importantly...**HUMOR!**

990 Highland Drive, Suite 312, Solana Beach, CA 92075

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REIGNITE YOUR SPARK AT THE MOST ILLUMINATING DIABETES CONFERENCE EVER



**SATURDAY
OCTOBER 3, 2020**

Diamond Center at the Suburban Showplace
Novi, MI



TAKING CONTROL OF YOUR DIABETES

tcoyd.org/novi20

Taking Control Of Your Diabetes is a 501(c)(3) Nonprofit Charitable Educational Organization

ATTEND OUR **LIFE-CHANGING** Diabetes Conference & Health Fair *for Type 1s, Type 2s & Those Who Care*

(Medical Professionals, check out our list of accredited CME programs at TCOYD.org/cme.)

ONE DAY THAT WILL LAST A LIFETIME

Join us for a life-changing day of education, motivation, empowerment and HUMOR, where you'll learn about the newest medications and devices to help you take control of your diabetes, or to help somebody who is. You will hear about the latest research and practical tips and tricks on how to live a long and healthy life with diabetes. With TCOYD you can learn and laugh at the same time, while connecting with people who get YOU. Our all-star cast of diabetes experts (many who live with diabetes themselves) are here to answer all of your questions while igniting motivation, offering hope and changing your life with diabetes forever.

MEET OUR FEARLESS LEADER WHO GETS IT!

I'm Steve Edelman, founder of TCOYD, and I was diagnosed with diabetes when I was 15 years old. I was given 20 years to live, but instead of accepting that I went into medicine to learn how to conquer this condition and to bring the important messages about living a long and healthy life with diabetes directly to those most affected by it. I've been living with diabetes for nearly 50 years now and have dedicated my career to educating and empowering others with this condition to become active participants in their healthcare.



We are with you through the highs and lows!

STEVEN V. EDELMAN, MD



WORLD'S BEST
DIABETES SPEAKERS



ONE-ON-ONE CONSULTATIONS



LIFESTYLE COACHES &
FITNESS EXPERTS



CUTTING EDGE
DIABETES EDUCATION



FREE HEALTH SCREENINGS



INTERACTIVE HEALTH FAIR
WITH GIVEAWAYS



SNACKS AND LUNCH INCLUDED



HANG WITH PEEPS
WHO TOTALLY GET YOU



REGISTER NOW!

tcoyd.org/novi20

800.998.2693

\$25 PER PERSON
THRU SEP 29!

\$20 pp for 2 or more, thru September 29.
\$35 pp at the door.

SAT, OCTOBER 3, 2020 | 9AM - 5PM

Diamond Center at Suburban Collection Showplace
46100 Grand River Avenue, Novi, MI 48374

TCOYD CONFERENCE & HEALTH FAIR

Day at a Glance!

MORNING SESSIONS

7:30 – 9:00AM Registration/Check-In & Health Fair Open
9:00 – 10:40AM The Diabetes Conference of Tomorrow TODAY!
An informative and entertaining overview of the past, present and future of diabetes care

MORNING BREAK

10:40 – 11:30AM Visit Health Fair & Enjoy Refreshments (included)

MID MORNING SESSIONS

11:30 – 12:30PM Divide into Type 1 and Type 2 Tracks

Type 1 Track The World's Largest Shared Medical Appointment for Type 1s
An interactive discussion providing practical tips on how to live life successfully with T1D

Type 2 Track The World's Largest Shared Medical Appointment for Type 2s
An interactive discussion providing practical tips on how to live life successfully with T2D

LUNCH

12:30 – 1:30PM Healthy and Tasty Lunch (included)

AFTERNOON WORKSHOPS

1:30 – 4:30PM Pick and Choose
Type 1 Topics
- *The Newest Features in Sensor Augmented Insulin Pumps*
- *CGMs: Weapons of Mass Instruction*
- *SGLT Inhibitors and Therapies Other Than Insulin*
- *Diet Fads or Freakin' Fab? Keto, Paleo and More*
- *Newsworthy Highlights for Type 1s: Artificial Pancreas, Smart Pens, Inhaled Insulins and more!*

Type 2 Topics
- *Cardiovascular Care*
- *Healthy Cooking Classes*
- *Type 2 Treatments, Including Insulin*
- *Continuous Glucose Monitoring...No More Finger Pricks!*
- *Foot Care and Neuropathy*
- *Improving Communication Between Patients and Providers*

Type 3 Topics
- *Diabetes Etiquette: Supporting Your Loved One with Diabetes*
- *Healthy Cooking Tips and Demo*

CLOSING SESSION

4:30 – 5:00PM Sweeter Than I Should Be
Country music artist Amanda Jo Kielpinski

CHECK TCOYD.ORG FOR A DETAILED PROGRAM AGENDA

OUR FACULTY IS THE *Best of the Best!*

These diabetes thought leaders will provide **YOU** with **INVALUABLE INFORMATION** and improve the way **YOU** or someone you care about lives with **DIABETES!**



*STEVEN EDELMAN, MD

Endocrinologist, Founder & Director, TCOYD
Clinical Professor of Medicine, UCSD School of Medicine,
Director, Diabetes Care Clinic, VA Medical Center San Diego

*JEREMY PETTUS, MD

Endocrinologist, Type 1 Track Co-Director, TCOYD
Assistant Professor of Medicine, UCSD School of Medicine



*AMANDA JO KIELPINSKI, COUNTRY MUSIC SINGER

She released her single "Polaroid" on country radio and wrote the song "Needle Free" in collaboration with a fellow type 1. Amanda Jo is part of Tandem Diabetes Care's Speaker Series.

*CHEF ROBERT LEWIS

Chef, Cookbook Author, Founder, *The Happy Diabetic*



GEORGE GRUNBERGER, MD, FACP, FACE

Chairman, Grunberger Diabetes Institute; Clinical Professor, Internal Medicine and Molecular Medicine & Genetics, Wayne State University School of Medicine; Professor, Internal Medicine, Oakland University William Beaumont School of Medicine

DAVIDA F. KRUGER, MSN, APN-BC, BC-ADM

Certified Nurse Practitioner, Henry Ford Health System Division of Endocrinology, Diabetes, Bone and Mineral Disease



KARA MIZOKAMI-STOUT, MD

Endocrinologist, Michigan Medicine

STEPHANIE CAMALO

Executive Director
American Diabetes Association, Michigan Chapter



DENISE PENTESCU

Senior Outreach Manager
Michigan and Northwestern Ohio Chapter, JDRF

**Extra relatable faculty (they're living well with diabetes).*

IN ADDITION TO THESE SPECIALISTS, WE BRING TOGETHER A NETWORK OF LOCAL DIABETES EXPERTS FROM YOUR COMMUNITY. SEE WEBSITE FOR DIRECTORY OF SPEAKERS & FACULTY.



ENGAGING & INTERACTIVE HEALTH FAIR

ASK A SPECIALIST

One-on-one diabetes expert consultations

IMPORTANT HEALTH SCREENINGS

Variety of complimentary health screenings

FUN FITNESS

Try new ways to be active without the gym

COOKING DEMOS

Healthy & delicious meal planning

PHARMACEUTICALS & TREATMENTS

Learn about innovative options

DEVICE COMPANIES

State-of-the-art technology

LOCAL PROGRAMS

Here to support you

HEALTHY LIFESTYLE OPTIONS

Start living your best life!

FINANCIAL AID & DONATIONS

Can't make it due to costs? Call us about our financial assistance program! We also provide complimentary admission for veterans and their family members.

Please help us keep our registration fees low. While we charge only \$25 per person, it costs TCOYD approximately \$175 per person to put on this conference. We greatly appreciate your support in helping to underwrite the cost of this event. Any amount helps, and all donations are tax deductible! Taking Control Of Your Diabetes is a 501(C)(3) Nonprofit Organization.

PARKING

Complimentary parking at the Suburban Collection Showplace for attendees of the TCOYD event.

ARE YOU A MEDICAL PROFESSIONAL?

Register for our 5.75 accredited CME program! This separate program runs on the same day at the same location for \$50. Visit tcoyd.org/cme for more info.

A VARIETY OF EXHIBITORS AND
DIABETES SPECIALISTS READY
TO ANSWER YOUR QUESTIONS

TCOYD
TAKING CONTROL OF YOUR DIABETES

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