



# TCOYD VIRTUAL DIABETES CONFERENCE & HEALTH FAIR

## Event Day Schedule

*\*Please note this schedule is based on Pacific Time\*  
(All lectures will take place in the auditorium)*

- 8:00AM - 9:10AM** Familiarize yourselves with the vFairs platform, visit exhibit hall and network in our lounge
- 9:10AM - 10:00AM** Stocking Stuffers and Gifts That All People Living with Diabetes Want This Holiday Season  
Jeremy Pettus, MD; \*Steven V. Edelman, MD; and a few of their diabetes influencer friends
- 10:05AM - 10:45AM** Cooking, Baking and Bartending...Festive Feast Recipes for All!  
\*Chef Robert Lewis; \*Steven V. Edelman, MD; and \*Jeremy Pettus, MD
- 10:45AM - 11:15AM** BREAK – Venture into the exhibit hall or network lounge, or watch some on-demand videos in the auditorium. Have fun but do come back to the auditorium for our next “LIVE” session.
- 11:15AM - 11:45AM** How to Turn Your Grinch into a Helpful Elf: A Session for You & Your Non-Diabetic Loved Ones  
William Polonsky, PhD, CDCES; Plus, some TCOYD Family Members
- 11:50AM - 12:45PM** Broadcasting “LIVE” from Dr. E’s Decked Out Living Room: Join Us for “LIVE” Q&A  
\*Steven V. Edelman, MD; \*Jeremy Pettus, MD; Schafer Boeder, MD; and Tricia Santos, MD
- 12:50PM - 1:00PM** Holiday Sing-Along with a Festive Song Sung by the Fire
- 1:00PM - 2:00PM** Enjoy more time into the exhibit hall or network lounge, or watch some on-demand videos in the auditorium.



### BONUS SESSIONS

#### **FOR EVERYONE**

Honed in Grocery Shopping Tips for People Living with Diabetes – \*Jeremy Petus, MD; \*Steven V. Edelman, MD; and Adriana Valencia, RD, CDCES

Educate Yourself: Medical and Life Insurance Demystified – \*Stewart Perry and \*George Huntley

Alcohol and Diabetes: Do They Mix? – \*Steven V. Edelman, MD; and \*Jeremy Pettus, MD

#### **FOR TYPE 1**

Insulin Pumps and Hybrid Closed Loop Systems

\*Gary Scheiner, MS, CDCES

Diabetes Jeopardy! Quiz Time

Host: \*Jeremy Pettus, MD

Contestants: \*Steven V. Edelman, MD; Tricia Santos, MD; and Schafer Boeder, MD

How to Eat 3 Donuts and Stay in Range

\*Steven V. Edelman, MD, and \*Jeremy Pettus, MD

Staying in Range During and After Exercise: A Real Pain in the...

\*Steven V. Edelman, MD, and \*Jeremy Pettus, MD

Diabetes on the Cheap

\*Steven V. Edelman, MD

#### **FOR TYPE 2**

Diabetes Drugs that are Tipping the Scales for Weight Loss

\*Steven V. Edelman, MD and Jennie Luna, MD

Continuous Glucose Monitoring and Other Top Tips to Ace Your Diabetes

\*Steven V. Edelman, MD, and Schafer Boeder, MD

Drugs...The Prescribed Kind! An Overview of Type 2 Medications

Tricia Santos, MD

Diabetes on the Cheap

\*Steven V. Edelman, MD

Why Insulin Might Be Right for Someone with Type 2

\*Steven V. Edelman, MD