

– TCOYD® TALKS **TYPE 1 DIABETES** –

Over 9 million people in the world are living with type 1 diabetes.

– **WHAT IS TYPE 1 DIABETES?** –

Type 1 diabetes is the presence of one or more autoantibodies that cause the destruction of the insulin-producing beta cells in the pancreas.

– **WHO IS MOST AT RISK FOR TYPE 1 DIABETES?** –

First-and second-degree relatives (parents, siblings, children, aunts/uncles, nieces/nephews, grandparents) of someone with type 1 diabetes develop T1D approximately 4-8% of the time. However, the majority of newly diagnosed people with T1D do not have a family history.

– **SYMPTOMS OF TYPE 1 DIABETES** –



INCREASED THIRST



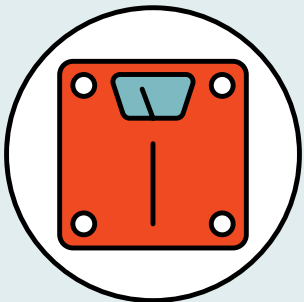
FREQUENT URINATION



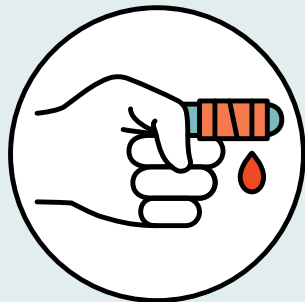
FATIGUE



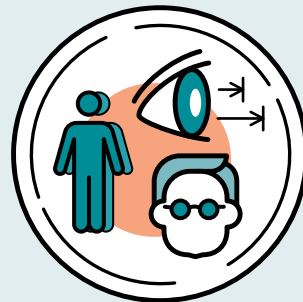
INCREASED APPETITE



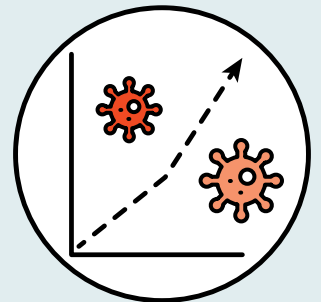
WEIGHT LOSS



ABNORMAL/PROLONGED HEALING



BLURRED VISION



INCREASED INFECTION OCCURRENCE

If you are at risk or think you have type 1 diabetes, there are tests to measure autoantibodies in the blood that indicate there is a risk of developing T1D. Visit type1tested.com for screening information, or visit your healthcare provider to get tested with an HgbA1c and/or a fasting or random glucose value.