

AUGUST 16-18, 2024

FRIDAY

3:00pm - Onward	Conference Registration Open <i>Pick up your name badge, schedule, swag bag, and meet the TCOYD team</i>	SUNSET BALLROOM
3:00pm - 8:30pm	Visit Sponsor Lounge <i>See the latest and greatest and get questions answered by our exhibitors</i>	SUNSET BALLROOM
4:00pm - Onward	Hotel Check-In (for overnight guests)	HOTEL LOBBY
6:00pm - 6:45pm	Welcome to TCOYD! <i>Opening Announcements, Games, Stand-Up Comedy</i> *Steven V. Edelman, MD; *Jeremy Pettus, MD; and *Chris Angell	PACIFIC/ISLAND/PALM
6:45pm - 8:00pm	Welcome Reception on the Bay <i>Get to know YOUR peeps over beers, drinks, tacos, salad bowls & more, plus visit our exhibitors in our Sponsor Lounge</i>	SUNSET TERRACE
8:00pm - 10:00pm	Continued Social Time in the Hotel's Barefoot Bar <i>Mingle with your T1D community</i>	BAREFOOT BAR

SATURDAY

7:00am - 8:00am	Yoga/Stretch Power Walk Fun Run 5K around Mission Bay	PINE HILL PORTE COCHERE PORTE COCHERE
7:30am - 9:30am	Breakfast Buffet (Sponsored by Insulet)	PARADISE TERRACE
9:30am - 10:00am	Let's Get This Party Started with an Update on the Latest and Greatest in Diabetes! *Steven V. Edelman, MD; and *Jeremy Pettus, MD	PACIFIC/ISLAND/PALM
10:00am - 10:30am	Emotional Health: Wrapping Your Mind Around Having Type 1 *Korey Hood, PhD	PACIFIC/ISLAND/PALM
10:30am - 11:00am	Diabetes Tech: Are You on All the Right Stuff? David Ahn, MD	PACIFIC/ISLAND/PALM
11:00am - 11:45am	The Not So Newlywed Game for T1Ds and Their Loved Ones Host: *Jeremy Pettus, MD Couples: Some of our presenters and their spouses	PACIFIC/ISLAND/PALM
11:45am - 1:30pm	BREAK: Visit Sponsor Lounge <i>Check out the booths and get your questions answered by our exhibitors</i>	SUNSET BALLROOM
12:30pm - 1:30pm	It's a Wrap (actually a salad!) – Lunch	PARADISE TERRACE
1:30pm - 2:15pm	AFTERNOON BREAKOUTS, PART 1	
	1. Hybrid Closed-Loop Systems – BEGINNER <i>What They Are, How They Work and How to Get Started</i> *Laura Barba, NP, CDCES and Tricia Santos, MD	MISSION BAY ROOM
	2. The Latest Research on Beta Cell Replacement Therapy – REPEATS Manasi Jaiman, MD, MPH	BAY VIEW ROOM
	3. Top 10 Blood Sugar-Controlling Tips from Two Type 1 Endos – REPEATS *Leslie Eiland, MD and *Justin Gregory, MD	GARDEN ROOM
	4. Get Involved - Help Change Health Care Laws *Jake Johnston and *Amanda Kaufman	ROYAL I, II
	5. How Best to Support Your Loved Ones w/ Type 1 – For Loved Ones (Type 3s) William Polonsky, PhD, CDCES	ROYAL III, IV, V

SATURDAY (Continued)

2:30pm - 3:15pm	AFTERNOON BREAKOUTS, PART 2 <ol style="list-style-type: none">Hybrid Closed-Loop Systems – ADVANCED MISSION BAY ROOM <i>Changing Settings and Other Pro Tips to Get the Most Out of Your Device</i> *Laura Barba, NP, CDCES and Tricia Santos, MDThe Latest Research on Beta Cell Replacement Therapy – REPEATED BAY VIEW ROOM Manasi Jaiman, MD, MPHTop 10 Blood Sugar-Controlling Tips from Two Type 1 Endos – REPEATED GARDEN ROOM *Leslie Eiland, MD and *Justin Gregory, MDGet Involved - Type 1 Research Studies...Should You Consider Enrolling? ROYAL I, II Schafer Boeder, MD; Yvette Longduriyang; and Adrienne ArmstrongThe Emotional Side of Diabetes – Type 1s ROYAL III, IV, V William Polonsky, PhD, CDCES
3:30pm - 4:30pm	Up Close and Personal: Q&A with the Specialists Diabetes Burnout - *Korey Hood, PhD BAY VIEW ROOM The Legends Session: Decades of Diabetes - *Kerri Sparling BAY VIEW ROOM Getting Loved Ones Screened for Type 1 - *Justin Gregory, MD ROYAL III, IV, V MDI and Inhaled Insulin - *Irl Hirsch ROYAL III, IV, V Non-Insulin Meds for Type 1 - *Bruce Perkins, MD MISSION BAY ROOM New to Type 1 - Tricia Santos, MD and *Laura Barba, NP, CDCES MISSION BAY ROOM Getting Involved in Research - Manasi Jaiman, MD GARDEN ROOM Troubleshooting Your Pumps - David Ahn, MD GARDEN ROOM LADA (Adult Onset) - Schafer Boeder, MD ROYAL I, II Pregnancy and Breastfeeding - *Leslie Eiland, MD ROYAL I, II
4:30pm - 6:30pm	Adjourn for Afternoon Activities and Evening “Party in Paradise” <i>Optional activities available through hotel at additional charges, including: paddle boarding, sailing, spa massages, beach cruiser bike rides, and more</i>
6:30pm - 9:30pm	Party in Paradise! ROYAL/PACIFIC/ISLAND/PALM <i>Featuring TCOYD’s own Erik Berg and his BEATLES cover band</i> <i>Aloha buffet, cash bars, singalongs and being ONE together!</i>

SUNDAY

7:00am - 8:00am	Yoga/Stretch PINE HILL Power Walk PORTE COCHERE Fun Run 5K around Mission Bay PORTE COCHERE
7:30am - 9:30am	Breakfast Buffet (Sponsored by Sanofi & Tandem) PARADISE TERRACE
9:30am - 10:00am	Beyond Insulin: Other Medications for Type 1 PACIFIC/ISLAND/PALM *Bruce Perkins, MD
10:00am - 10:30am	Exercise & Diabetes: Tips & Tricks to Make It a Smooth Ride PACIFIC/ISLAND/PALM *Justin Gregory, MD
10:30am - 10:45am	BREAK: Rest, Stretch, Relieve...Whatever You Need!
10:45am - 11:25am	Burning Questions? Inquiring Minds Want to Know! PACIFIC/ISLAND/PALM <i>Did we miss anything? Throughout the weekend you can submit your questions and our panelists will cover the most pressing topics</i> Moderator: Tricia Santos, MD Panelists: *Steven Edelman, MD; *Irl Hirsch MD; and *Leslie Eiland, MD
11:25am - 11:45am	Did Somebody Say “Diaversary”? PACIFIC/ISLAND/PALM Celebrating the Small Stuff, Getting Beta All the Time *Kerri Sparling
11:45am - 12:00pm	Wrap Up with Our Original ONE Song PACIFIC/ISLAND/PALM *Jeremy Pettus, MD; and Erik Berg

PARADISE POINT RESORT

– ONE 2024 EVENT MAP –



ONE 2024

– DIRECTORS & CO-DIRECTORS –



*STEVEN V. EDELMAN, MD

Endocrinologist, Founder & Director of TCOYD®; Professor of Medicine, UCSD School of Medicine, VA Medical Center, San Diego, California

*JEREMY PETTUS, MD

Endocrinologist, Director of Type 1 Track and Professional Medical Education at TCOYD®
Associate Professor of Medicine, UCSD School of Medicine, San Diego, California



TRICIA SANTOS, MD

Endocrinologist, Co-Director at TCOYD®, Associate Clinical Professor of Medicine,
UCSD School of Medicine, San Diego, California

SCHAFER BOEDER, MD

Endocrinologist, Co-Director at TCOYD®, Assistant Professor of Medicine,
UCSD School of Medicine, San Diego, California



– SPEAKERS –

David Ahn, MD, Endocrinologist; Chief of Diabetes Services, Hoag Medical Group, Newport Beach, California

*Chris Angell, Diabetes Advocate, Stand-Up Comedian, San Diego, California

Adrienne Armstrong, Research Coordinator, UCSD School of Medicine, San Diego, California

*Laura Barba, NP, CDCES, Nurse Practitioner, UCSD and Rady Children's Hospital, San Diego, California

*Leslie Eiland, MD, Assistant Professor, Division of Diabetes, Endocrinology & Metabolism; Medical Director,
Endocrine Telehealth Program, University of Nebraska Medical Center, Omaha, Nebraska

*Justin Gregory, MD, Pediatric Endocrinologist, T1D Scientist, Vanderbilt University Medical Center, Nashville, Tennessee

*Korey Hood, PhD, Professor and Health Psychologist, Stanford University; Founder, DiabetesWise, San Francisco, California

*Irl Hirsch, MD, Medical Director, Diabetes Care Center, University of Washington Medical Center, Seattle, Washington

Manasi Jaiman, MD, MPH, Endocrinologist and Researcher, San Diego, California

*Jake Johnston, Co-Founder, Connect T1D; Board Member, Diabetes Patient Advocacy Coalition, Chicago, Illinois

*Amanda Kaufman, Partnerships and Communications Manager, Diabetes Patient Advocacy Coalition, Los Angeles, California

Yvette Longduriyang, Research Coordinator, UCSD School of Medicine, San Diego, California

*Bruce Perkins, MD, MPH, Professor of Medicine, Endocrinologist and Diabetes Complications Clinician-Scientist,
University of Toronto, Canada

William Polonsky, PhD, CDCES, Clinical Psychologist, Founder and CEO, Behavioral Diabetes Institute, San Diego, California

*Kerri Sparling, Writer, Poet, Speaker, Diabetes Advocate, Providence, Rhode Island, Sponsored by Tandem

– FITNESS ACTIVITY FACULTY –

*Laura Dunn, Triathlete and Ultra Runner, San Diego, California

*Sabella Larkin, Type 1 Yoga Instructor, Life Coach, and T1D Nanny, San Diego, California

Julian Maze, Type 3 Supporter, San Diego, California

*Dana Maze, Marathon Runner, Athlete, Breathrough T1D SoCal Youth Ambassador Chair, San Diego, California