



THE ULTIMATE CONFERENCE & RETREAT FOR ADULTS WITH TYPE 1 & THEIR LOVED ONES

AUGUST 14 - 16, 2026

PARADISE POINT RESORT & SPA | SAN DIEGO, CALIFORNIA

WEEKEND AT-A-GLANCE

FRIDAY

AFTERNOON / EVENING

3:00PM - Onward	Conference Registration
3:00PM - 8:30PM	Sponsor Lounge Open
4:00PM - Onward	Hotel Check-In
6:00PM - 7:00PM	Welcome to ONE Speaker Program
7:00PM - 8:30PM	Sponsored Dinner/Reception & Icebreaker Activities
8:30PM - Onward!	Social Time in the Hotel Bar

SATURDAY

MORNING

7:00AM - 8:00AM	Fitness Activities
7:30AM - 9:30AM	Sponsored Breakfast Buffet
10:30AM - 1:30PM	Sponsor Lounge Open
9:30AM - 12:30PM	Morning Speaker Program

AFTERNOON / EVENING

12:30PM - 1:30PM	Sponsored Banquet Lunch
1:30PM - 2:15PM	Afternoon Workshops
2:30PM - 3:15PM	Afternoon Workshops
3:30PM - 4:30PM	Group Q&A with the Experts
4:30PM - 6:30PM	Fun Free Time!
6:30PM - 10:00PM	Sponsored Evening Dinner/Party

SUNDAY

MORNING

7:00AM - 8:00AM	Fitness Activities
7:30AM - 9:30AM	Sponsored Breakfast Buffet
9:30AM - 12:30PM	Morning Speaker Program
12:30PM	Farewells, Hugs, and Kisses